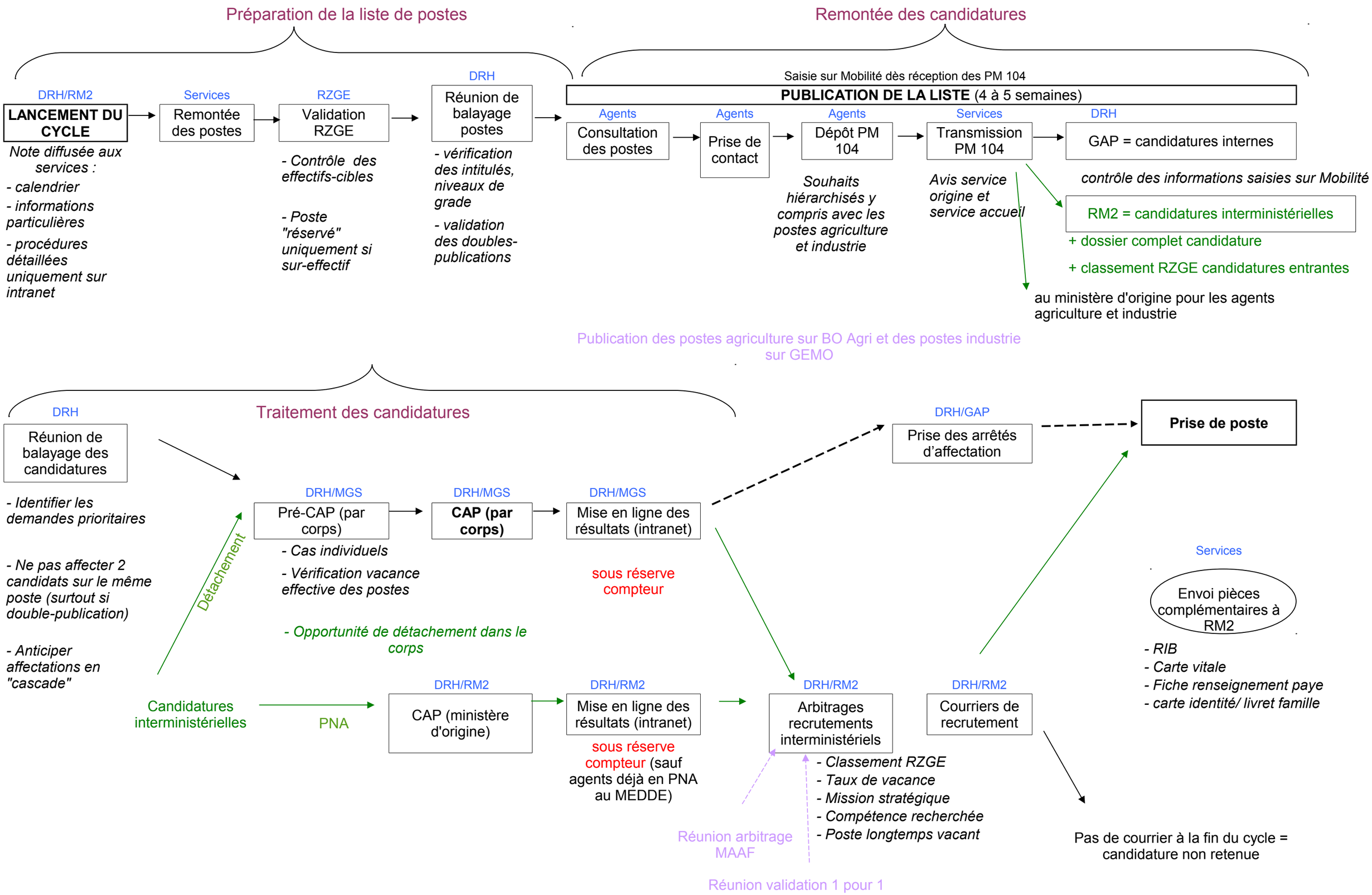Déroulement d'un cycle de mobilité